

Product Catalogue

Ginger

Ginger is a popular spice and medicinal root that comes from the plant *Zingiber officinale*. It's native to Southeast Asia and has been used for thousands of years in cooking, traditional medicine, and as a natural remedy for many ailments.

KEY NUTRIENTS IN GINGER

- * Gingerol (its main bioactive compound)
- * Antioxidants
- * Vitamins B3, B6, and C
- * Potassium, magnesium, and iron

HEALTH BENEFITS OF GINGER

1. Aids Digestion
2. Relieves Nausea
3. Reduces Inflammation & Pain
4. Boosts Immunity
5. Lowers Blood Sugar
6. Supports Heart Health
7. Fights Cold & Flu
8. Improves Brain Function





Palm Oil

Palm oil is a natural oil extracted from the fruit of the oil palm tree (*Elaeis guineensis*). It is one of the most widely used vegetable oils globally, known for its versatility and rich nutritional profile.

Nutritional Components of Palm Oil

- * Rich in Vitamin E (especially tocotrienols)
- * Contains Beta-carotene (a source of Vitamin A)
- * High in healthy saturated and unsaturated fats

HEALTH BENEFITS OF PALM OIL BOOSTS

1. Vitamin A Levels
2. Supports Heart Health (when used in moderation)
3. Powerful Antioxidant
4. Improves Brain Function
5. Enhances Skin and Hair
6. Great for Cooking



Cashew Nuts

Cashew nuts are kidney-shaped seeds that grow outside the fruit of the cashew apple. They're nutrient-rich, versatile, and widely enjoyed as a snack or ingredient in meals and products.

KEY NUTRIENTS IN CASHEW NUTS

- * Healthy fats (monounsaturated & polyunsaturated)
- * Protein & dietary fiber
- * Vitamins: E, K, B6
- * Minerals: Magnesium, Zinc, Copper, Iron, Phosphorus

HEALTH BENEFITS OF CASHEW NUTS

1. Heart Health Support
2. Boosts Brain Function
3. Strengthens Bones
4. Supports Eye Health
5. Improves Skin & Hair
6. Aids Weight Management
7. Boosts Immune System



Garlic

Garlic is a pungent, flavorful bulb used worldwide for cooking and traditional medicine. It's been valued for centuries for its powerful health-boosting properties.

HEALTH BENEFITS OF GARLIC

1. Boosts Immunity
2. Lowers Blood Pressure
3. Reduces Cholesterol
4. Fights Infections
5. Detoxifies the Body
6. Improves Bone Health
7. Enhances Athletic Performance
8. May Prevent Certain Cancers

KEY NUTRIENTS IN GARLIC

- *Allicin (the active compound)
- * Vitamin C, B6
- * Manganese, Selenium
- * Antioxidants



Bitter Kola

Bitter kola is a nut-like seed native to West and Central Africa. Known for its bitter taste and medicinal properties, it has been used for centuries in traditional African medicine.

Nutritional & Medicinal Components

- * Flavonoids
- * Alkaloids
- * Antioxidants
- * Kolaviron

(a natural compound with anti-inflammatory and antimicrobial properties)

HEALTH BENEFITS OF BITTER KOLA

1. Boosts Immunity
2. Fights Infections
3. Improves Respiratory Health
4. Supports Weight Loss
5. Enhances Sexual Health
6. Anti-Inflammatory Properties
7. Improves Mental Alertness

Kolanut

Kolanut is a caffeine-rich nut native to West Africa, traditionally used in cultural ceremonies, as a natural stimulant, and for medicinal purposes. It's also an ingredient in some energy drinks and sodas.

HEALTH BENEFITS OF KOLANUT

1. Boosts Energy & Alertness
2. Supports Digestion
3. Improves Circulation
4. Suppresses Appetite
5. Enhances Metabolism
6. Used in Traditional Medicine
7. Cultural Significance

KEY COMPONENTS

- * Caffeine and Theobromine (natural stimulants)
- * Tannins
- * Antioxidants
- * Essential oils





Alligator Pepper

Also known as Grains of Paradise, alligator pepper is a West African spice from the ginger family. It contains small, spicy seeds encased in pods, resembling the bumpy back of an alligator.

NUTRIENTS & BIOACTIVE COMPOUNDS IN ALLIGATOR PEPPER

- * Essential oils
- * Antioxidants
- * Tannins
- * Flavonoids

HEALTH BENEFITS OF ALLIGATOR PEPPER

1. Boosts Immunity
2. Aids Digestion
3. Fights Infections
4. Improves Sexual Health
5. Supports Weight Loss
6. Anti-Inflammatory Benefits
7. Improves Circulation

Sesame Seeds

Sesame seeds are tiny, oil-rich seeds that come in white, black, and brown varieties. They are packed with nutrients and have been used for centuries in cooking, traditional medicine, and oil production.

KEY NUTRIENTS IN SESAME SEEDS.

1. Healthy Fats (Omega-6, polyunsaturated and monounsaturated fats)
2. Protein
3. Calcium, Magnesium, Iron, Zinc
4. Vitamin E, B1 (Thiamine), B6Fiber
5. Antioxidants (Sesamin, Sesamolin, and Sesamol)

HEALTH BENEFITS OF SESAME SEEDS

1. Supports Heart Health
2. Strengthens Bones
3. Boosts Immunity
4. Improves Skin & Hair
5. Regulates Blood Sugar
6. Anti-Inflammatory Properties
7. Supports Hormonal Balance
8. Promotes Digestive Health





Soybeans

Soybeans are nutrient-rich legumes widely grown for food, animal feed, and oil. They are a powerful plant-based protein source and form the base of many vegetarian and vegan products.

KEY NUTRIENTS IN SOYBEANS

- * High-Quality Protein (complete with all 9 essential amino acids)
- * Fiber
- * Healthy Fats (including Omega-3 and Omega-6)
- * Iron, Magnesium, Phosphorus, Potassium
- * B Vitamins (especially B6 and folate)
- * Isoflavones (plant-based compounds with antioxidant properties)

HEALTH BENEFITS OF SOYBEANS

1. Excellent Plant-Based Protein
2. Heart Health
3. Supports Bone Health
4. Hormonal Balance
5. Improves Digestive Health
6. May Reduce Cancer Risk
7. Controls Blood Sugar
8. Supports Muscle Growth and Repair



Cocoa Beans

Cocoa beans are the dried and fermented seeds of the cacao tree, used to make chocolate, cocoa powder, and cocoa butter. Beyond their delicious flavor, they are rich in nutrients and powerful antioxidants.

KEY NUTRIENTS IN COCOA BEANS

- * Flavanols (potent antioxidants)
- * Theobromine (a mild stimulant like caffeine)
- * Magnesium, Iron, Potassium, Zinc
- * Fiber
- * Healthy Fats (in cocoa butter)
- * Vitamins B1, B2, B3, B9, and E

HEALTH BENEFITS OF COCOA BEANS

1. Powerful Antioxidant Support
2. Boosts Heart Health
3. Enhances Brain Function
4. Improves Mood
5. Supports Blood Sugar Control
6. Protects Skin Health
7. Rich in Iron
8. Anti-Inflammatory Properties



Shea Nuts

Shea nuts come from the shea tree, native to West Africa. They are the source of shea butter, a rich natural fat used in cosmetics, food, and traditional medicine.

KEY NUTRIENTS IN SHEA NUTS / SHEA BUTTER

- * Vitamins A, E, and F
- * Essential fatty acids (oleic, stearic, linoleic acids)
- * Antioxidants
- * Triterpenes (anti-inflammatory plant compounds)

HEALTH & COSMETIC BENEFITS OF SHEA NUTS

1. Deep Skin Moisturization
2. Anti-Aging Properties
3. Treats Skin Conditions
4. Heals Minor Wounds & Burns
5. Improves Hair Health
6. Natural UV Protection
7. Supports Joint & Muscle Relief
8. Edible Uses (Unrefined Shea Butter)



Shea Cake

Shea Cake is the solid by-product left after extracting shea butter from shea nuts. While often overlooked, it is highly valuable, especially in agriculture, animal feed, and soap production.

COMPOSITION OF SHEA CAKE

- * Residual shea fat
- * FiberProtein
- * Trace minerals (Potassium, Calcium, Iron)
- * Natural antioxidants

USES & BENEFITS OF SHEA CAKE

1. Animal Feed
2. Organic Fertilizer
3. Fuel for Rural Energy
4. Soap & Detergent Industry
5. Sustainable Waste Use



Hibiscus Flowers

Also known as **Zobo in Nigeria**, hibiscus flowers are dried petals from the hibiscus plant, used for teas, drinks, and medicinal purposes. They're rich in antioxidants and have a tart, cranberry-like flavor.

KEY NUTRIENTS IN HIBISCUS FLOWERS

- * Vitamin C
- * Calcium, Iron, Magnesium
- * Anthocyanins (natural antioxidants)
- * Polyphenols
- * Organic acids (citric, malic, tartaric)

HEALTH BENEFITS OF HIBISCUS FLOWERS

1. Lowers Blood Pressure
2. Rich in Antioxidants
3. Supports Liver Health
4. Aids Digestion
5. Boosts Immunity
6. Supports Weight Loss
7. Balances Cholesterol Levels
8. Natural Diuretic

Medjool Dates

Medjool dates are large, soft, and sweet fruits from the date palm tree (*Phoenix dactylifera*). Often called the “king of dates,” they are prized for their caramel-like flavor, chewy texture, and high nutritional value.

Key Nutrients in Medjool Dates

- * Natural Sugars (glucose, fructose, sucrose)
- * Dietary Fiber
- * Potassium, Magnesium, Calcium, Iron
- * B Vitamins (B6, niacin, pantothenic acid)
- * Antioxidants (flavonoids, carotenoids, phenolic acid)

HEALTH BENEFITS OF MEDJOOOL DATES

1. Natural Energy Boost
2. Supports Digestive Health
3. Strengthens Heart Health
4. Bone Strength
5. Rich in Antioxidants
6. Regulates Blood Sugar
7. Improves Brain Function





Black Palm Kernel Oil

Black palm kernel oil is a dark, thick, and aromatic oil extracted from roasted palm kernels (the seeds inside oil palm fruits). It is traditionally processed and widely used in West Africa for cooking, medicine, and cosmetic purposes.

Key Nutrients in Black Palm Kernel Oil

- * Lauric acid (antibacterial and antifungal)
- * Medium-chain fatty acids (MCFAs)
- * Vitamin E (tocotrienols & tocopherols)
- * Antioxidants
- * Iron & magnesium (trace amounts)

HEALTH & FUNCTIONAL BENEFITS OF BLACK PALM KERNEL OIL

1. Promotes Healthy Skin & Hair
2. Fights Infections
3. Boosts Heart Health (when used in moderation)
4. Enhances Immune Function
5. Improves Digestion
6. Supports Bone & Joint Health
7. Energy Source



Non-Alcoholic Beverages

Non-alcoholic beverages are drinks that contain little to no ethanol, typically under 0.5% ABV. They include soft drinks, juices, energy drinks, malt beverages, flavored water, and more

Popular Types of Non-Alcoholic Beverages We Export

1. **Soft Drinks** – Coca-Cola, Fanta, Pepsi, Sprite
2. **Malt Beverages** – Maltina, Amstel Malta, Guinness Malta
3. **Fruit Juices** – Chivita, 5Alive, Hollandia, FreshYo
4. **Energy Drinks** – Red Bull, Fearless, Monster, Bullet
5. **Flavored & Vitamin Water** – Swan, Cway, Aquafina+



BENEFITS OF NON-ALCOHOLIC BEVERAGE EXPORTS

1. Broad Market Reach
2. High Turnover
3. Cultural Versatility
4. Strong Shelf Life
5. Convenient Packaging



Alcoholic Beverages

Alcoholic beverages are drinks that contain ethanol (alcohol), produced through fermentation of grains, fruits, or sugars. They range from beers and spirits to wines and traditional drinks, and are enjoyed globally for leisure, culture, and social bonding.

Popular Types of Alcoholic Beverages We Export

- 1. Beer** – e.g. Guinness Stout, Star, Heineken
- 2. Spirits** – e.g. Whisky, Gin, Vodka, Brandy
- 3. Flavored Alcoholic Drinks** – e.g. Orijin, Smirnoff Ice
- 4. Bitters** – e.g. Alomo Bitters, Action Bitters
- 5. Wines** – Red, White, Sparkling Wines

BENEFITS OF ALCOHOLIC BEVERAGE EXPORTS

✓ ***High Global Demand***

– Widely consumed across Africa, Europe, America, and the Middle East.

✓ ***Long Shelf Life***

– Properly packaged and stored, alcohol can last years.

✓ ***Cultural and Social Value***

– Used in ceremonies, celebrations, and relaxation.

✓ ***Diverse Market Opportunities***

– Suitable for bars, restaurants, hotels, supermarkets, and retail stores.

✓ ***Fast-Moving Consumer Good (FMCG)***

– Consistently high turnover in both local and international markets.

Thank You...